

Regunath P

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CAREER OBJECTIVE

To secure a challenging position in an institution, where I can effectively contribute to its growth and thus achieve job satisfaction.

CURRENT STATUS

Working as an Asst. Professor in St. Pius X College Rajapuram, (From July 2005 – till date)

Awards/achivements

Recipient of the award for the best programme officer instituted by kannur university taking into consideration the overall achievements in the field of national service scheme for the year 2010-2011

SEMINAR/WORKSHOP ATTENDED

1. International workshop on strength & conditioning organized by sports authority of india on may 24 – 26 at Trivandrum
2. National Seminar on trends and challenges in physical education and sports organized by kannur university on 20, 21 February 2003
3. Workshop physical education curriculum organized by university of Calicut on 11 march 2004
4. National seminar on exercise and sports for health & wellness organized by Kannur University on 2 April 2004
5. UGC sponsored two day workshop on promotion of ethics & Human values organized by St.Pius X College Rajapuram in 1,2 December 2005
6. UGC sponsored National Seminar on contribution of scientific findings of allied subjects for the promotion of physical education & competitive sports on 10 & 11 march 2006 at Annamala University
7. 94th Indian Science Congress organized by Indian Science Congress Association from 3 to 7 January 2007 at Annamala University Chidambaram

8. NAAC sponsored two day seminar on student participation in Quality improvement head at Sir Syed college Taliparamba on 23 & 24 February 2007
9. UGC sponsored National workshop on computerized statistical application in physical education & sports research between 6 & 8 march 2007 at Annamala University Chidambaram
10. Trainers Training Programme for NSS Programme officers, organized by Kerala pollution control board on 27th & 28th March 2008 at Kannur
11. UGC National Seminar on Hypo kinetic diseases, health & Modern society on 28th & 29th august 2008 at Keyi Sahib Training College Taliparamba
12. Two day workshop for college teachers in methodology course, sponsored by Kerala higher education council on 5th & 6th august 2011 at St.Pius X College Rajapuram
13. National Seminar on Higher Education in India challenges and prospects organized by Kannur university on 13th to 15th December 2011
14. National Seminar on Applied sport & exercise psychology organized by Kannur University on 22nd & 23rd June 2012
15. UGC sponsored National Seminar on the importance of research for the development of physical education, sports and yoga organized by Mangalore University on 18th & 19th March 2012

SEMINAR/WORKSHOP ORGANIZED

UGC sponsored National Seminar on the role of physical education in health and wellness on 20th & 21st July 2006 at St.Pius X College Rajapuram

EXRENSION ACTIVITIES

1. Kasaragod District Body Building Association
2. Secretary, Kasaragod District Tug of War Association
3. Vice President, Kasaragod District Powerlifting Association
4. Member, Kasaragod District Sports Council
5. President Kasaragod District Boxing Association in the year 2001-2004
6. NSS Programme Officer from 2007 to 2012(5 years)
7. Received Best NSS programme officer award instituted by KAnnur University in the year 2011-2012

PORTFOLIOS

- Member of following statutory Committee
 1. College Council

2. Committee for the prevention of ragging and campus violence
3. Library Advisory Committee
- Member of the following Non- Statutory Committees and responsibilities
 1. Member Parent teacher Association 2006-2007
 2. IQAC member since 2006
 3. Kannur University team selector for the following games: Kabaddi(Men & Women), kho kho(Men & Women), powerlifting(Men), weightlifting and best physique, wrestling, judo, boxing etc..
 4. Kannur University Team Manager/coach for the following games: Kabaddi(Men & Women), power lifting (Men & Women), weightlifting(Men & Women) and best physique, wrestling, judo, boxing etc..
 5. Secretary, Kasaragod district Body Building Association
 6. Secretary, Kasaragod district Tug of War Association
 7. Member, Kasaragod District Sports Council
 8. Member NSS Advisory Board Kannur University in the year 2009-10, 2010-11,2011-12
 9. Member, Kannur University Sports Advisory board 2009-10,2013-2014
 - 10.Member, board of examination at university of Calicut(UG/PG)
 - 11.Member, Board of examination for the selection of BPED & MPED at Kannur University and University of Calicut
 - 12.Member, board of physical test for the recruitment of range forester in the forest department conducted by Kerala Public Service Commission
 - 13.Member, board of physical test for the recruitment of police constable conducted by Kerala Public Service Commission
 - 14.Member, board of physical test for the recruitment of Women excise guard conducted by Kerala Public service commission
 - 15.Member, board of physical test for the recruitment of Women police constable conducted by Kerala Public Service Commission
 - 16.Member, interview board of teachers at Navodaya Vidyalaya Kasaragod
 - 17.President, Kasaragod District boxing Association in the year 2001

PERSONAL PROFILE

Name : Regunath P
Address : Karthika (H)
Kovval store,Kanghangad South(P O)
Kasaragod(dit),Kerala, India 671532
Marital Status : Married
Date of Birth : 23-05-1976
Nationality : Indian

DECLARATION

I hereby declare that the details furnished above are true and complete to the best of my knowledge and belief.

Regunath P